Shades of Black

Parenting Podcast

THE ESSENTIAL HOLIDAY PACKING CHECKLIST

for toddlers

CHANGING □ Nappies □ Nappy disposal bags □ Nappy cream □ Baby wipes □ Toddler clothes □ Sun hat □ Nappy changing bag	SWIM Swimsuits Swim hat Swim float/armbands Reusable swim nappy Carrier bags/wet bags	FEEDING □ Toddler snacks □ Lunch box □ Water bottle □ Dish soap and brush □ Toddler cutlery
□ Potette/Travel Potty TOILETRIES	SLEEP	TRANSPORT
 □ Bath toys □ Bath gel, sponge □ Hairbrush/comb □ Sun screen □ Hair oil □ Hair accessories □ Headscarf/bonnet □ Leave in conditioner □ Medicine kit □ Hand sanitiser gel 	☐ Travel cot ☐ Baby monitor ☐ Portable blackout blinds ☐ Toddler sleeping bag ☐ Lightweight blanket	☐ Lightweight travel buggy with sun shield ☐ Portable car seat/ booster seat ☐ Toddler aeroplane seat ☐ Tablet/iPad ☐ Toddler toys/book

Add any extras here: